

## Motivational Interviewing (MI) Training Opportunities — Fall 2025

Skill-Building for New and Experienced Helping Professionals

### • Free Virtual MI Lunch and Learn

AZ Peer and Family Career Academy and the Motivational Interviewing Learning Exchange are offering a FREE one-hour lunchtime webinar on using MI for Care Coordination.

Date: August 26, 2025 Time: 12:00—1:00 PM Arizona Time Zone

Register for this (zoom) meeting: <https://www.azpfca.org/course-calendar>

### • In-Person Advanced MI Trainings in Tucson

Level Up Your MI Skills! Two In-Person Motivational Interviewing (MI) Trainings presented by Motivational Interviewing Learning Exchange, LLC in collaboration with ASU School of Social Work

Location: ASU School of Social Work – Tucson Campus 340 N. Commerce Loop, Ste 250

Date: Friday, September 12, 2025

Cost: FREE for ASU School of Social Work students | \$150 per session for professionals

#### Morning Session:

Intermediate Motivational Interviewing

Time: 9:00 AM – 12:00 PM

- ✓ Deepen understanding of the mindset and spirit of MI
- ✓ Apply the Four Tasks of MI
- ✓ Build confidence in guiding behavior change conversations

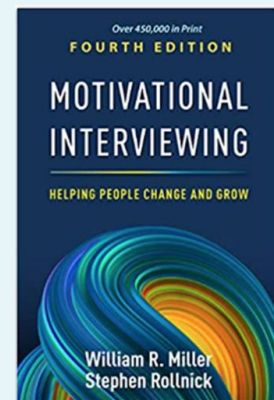
#### Afternoon Session:

MI with People Who Don't Want to Change

Time: 1:00 PM – 4:00 PM

- ✓ Respond to and reduce sustain talk
- ✓ Use a clear, respectful framework for challenging conversations
- ✓ Increase confidence when working with individuals resistant to change

To Register or Inquire: Mary Dillon, MI Trainer Email: [mdillon@milearningex.com](mailto:mdillon@milearningex.com)



### • MI Training For New Hires

Perfect for (or as an addition to) onboarding, this dynamic 2-hour session introduces new staff to the concepts of MI and equips them with practical, confidence-building communication skills from day one.

Format: Virtual (Zoom)

Time: 9:30 – 11:30 AM (Arizona Time)

Cost: \$35/person -Inquire about group rates

Choose among one of the Upcoming Dates (Tuesdays):

- August 19, 2025
- September 9, 2025
- October 7, 2025
- November 4, 2025
- December 2, 2025 and Other Dates To Be Determined As Needed

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