



Motivational Interviewing (MI) for Brief Conversations: Master the Ask-Offer-Ask Method

Do you ever struggle to provide advice or information without sounding directive?

Learn a practical MI strategy that helps people feel heard while increasing engagement and motivation for change.

This 3-hour interactive training provides a practical MI strategy for having effective, person-centered conversations in time-limited settings.

Participants will learn how to use the Ask-Offer-Ask framework to share information, provide feedback, and discuss options in a collaborative, client-centered manner.

Intended Audience

Social workers, case managers, care coordinators, healthcare professionals, peer support specialists, and behavioral health clinicians who engage in brief conversations with adolescents, adults, and families.

Date: August 6, 2026
Time: 8:30 to 12:00 noon
Location: ASU School of Social Work – Tucson
340 N. Commerce Park Loop,
Tortolita Building,
Second Floor
Tucson, AZ 85745

Continuing Education Credit- This program is pending **3.0 continuing education hours** by the ASU School of Social Work

Cost & Registration Info

ASU SSW Students

\$5.00

Register:

tinyurl.com/49p9n8s4

Professionals

\$50

Register:

mdillon@milearningex.com

ASU School of Social Work
Arizona State University

